

SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE

AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

	Monday 10/29	Tuesday 10/30	Wednesday 10/31	Thursday 11/1	Friday 11/2
Lunch: \$2.95 Premium: \$3.40					
FAVORITES 	Ram Burger w/ Fixings Bar Sweet Potato Fries Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Triple Dipper Tuesday Buffalo Chicken Bites Pretzel Nuggets & French Fries Romaine Salad Fruit 1% or FF Milk	Chicken Parmesan Sandwich Sautéed Spinach Romaine Salad Fruit 1% or FF Milk	Nacho Bar w/ Fixings Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Fish Sticks w/ Crabby Fries and Cole Slaw Celery Sticks Romaine Salad Fruit 1% or FF Milk
GRILL 	Chicken Patty Meatball Sub Twin Hot Dog Sweet Potato Fries Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Cheese Steak Hamburger Cheeseburger Peas Romaine Salad Fruit 1% or FF Milk	Buffalo Chicken Patty Hamburger Cheeseburger Sautéed Spinach Romaine Salad Fruit 1% or FF Milk	Pork Roll & Cheese on Bagel Hamburger Cheeseburger Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Meatball Sub Chicken Patty Hamburger Cheeseburger Celery Sticks Romaine Salad Fruit 1% or FF Milk
PIZZA 	Pepperoni Pizza Cheese Pizza ---- Sweet Potato Fries Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Buffalo Chicken Pizza Cheese Pizza ---- Peas Romaine Salad Fruit 1% or FF Milk	White Pizza Pepperoni Pizza Cheese Pizza ---- Sautéed Spinach Romaine Salad Fruit 1% or FF Milk	BBQ Chicken Pizza Pepperoni Pizza Cheese Pizza Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Cheese Pizza Vegetable Pizza Meat Lovers --- Celery Sticks Romaine Salad Fruit 1% or FF Milk
PASTA 	Macaroni & Cheese w/ Roll ---- Sweet Potato Fries Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Pasta & Meatballs w/ Garlic Bread ---- Peas Romaine Salad Fruit 1% or FF Milk	Buffalo Chicken Mac w/ Dinner Roll ---- Sautéed Spinach Romaine Salad Fruit 1% or FF Milk	Pasta w/ Alfredo Sauce w/ Garlic Bread ---- Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Macaroni & Cheese w/ Garlic Bread --- Celery Sticks Romaine Salad Fruit 1% or FF Milk
SANDWICHES 	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Sweet Potato Fries Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Peas Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Sautéed Spinach Romaine Salad Fruit 1% or F F Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Celery Sticks Romaine Salad Fruit 1% or FF Milk
SALAD BAR 	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: Hummus w/ Veggies	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: Cheese & Crackers	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: Hummus w/ Veggies	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: Cheese & Crackers	Salad Bar \$3.40 Adults \$3.95 per lb. Dinner Roll Boxed Lunch: Hummus w/ Veggies

STUDENT LUNCH \$2.95 - PREMIUM LUNCH \$3.40

CAFETERIA MANAGERS: 11/12 Debbie Exel ext. 4419. Menu Subject to Change